



# Checklist: Planning to return to in person learning

for children who are Deaf and Hard of Hearing

## DAILY MONITORING/PANDEMIC EDUCATION

- ❑ Check your child every morning for signs of illness (fever, sore throat, cough, body aches, etc.) if they have any of these symptoms they should stay home.
- ❑ Review and practice proper hygiene at home. Wash hands especially before and after eating, sneezing, coughing or adjusting masks.

## SCHOOL DAY

- ❑ Consider packing water bottles for your child, fountains are off limits during the pandemic.
- ❑ Develop daily routines for packing backpacks and what to do when returning home:
  - \* Pack a second/third mask
  - \* Pack water and snacks
  - \* Pack hand sanitizer
- ❑ Teach your child what 6ft apart looks like and why that is important.
- ❑ Make sure your child has plenty of supplies, such as pens, pencils, etc. these items should not be shared.
- ❑ Remove mask for cleaning and sanitize hands upon entering your vehicle or upon returning home from the bus or carpool.



## TRANSPORTATION

- ❑ Plan for transportation to and from school
  - \* If your child is riding the bus, ensure they know they have to wear their mask at all times.
  - \* If your child will be in a carpool, make sure they are wearing masks
- ❑ Talk to your child about how school will look different.



## MASK 101

- ❑ Teach your child that the germs are on the mask, touching the mask requires hand sanitizing.
- ❑ Label your child's masks clearly in a permanent marker so that they are not confused with those of other children.
- ❑ Practice putting the mask on and taking it off. If your child hasn't worn a mask for an extended period of time, practice while watching a TV show or while playing.
- ❑ Practice effective removal of the mask, taking it off, placing it in a bin for washing and wash or sanitize your hands. (remember the germs are on the outside of the mask)



## SPECIAL SITUATIONS

- ❑ Ask your school how accommodations in your IEP or 504 plan may look different.
- ❑ If you child received SLP or DHH services, ask how these will continue.
- ❑ If your child has mental health services, ask how they will continue.

For more information contact your local health department and be on the lookout for communication and procedures from your local school district. **Stay safe.**



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This list was adapted from the CDC's guidelines:

<https://www.cdc.gov/coronavirus/2019-ncov/community/pdf/Back-to-School-Planning-for-In-Person-Classes.pdf>

**Illinois Hands & Voices Guide By Your Side is here to help!**

**Questions? Contact us at [ilhandsandvoices@gmail.com](mailto:ilhandsandvoices@gmail.com) or 630-697-3544**